

## **Nutrition Education Resources and Websites**

**Bingo Card Generator** – <http://www.print-bingo.com>

**Cooking with Kids / Activities, Recipes, and Resources**  
<http://www.cookingwithkids.com/>

**Dietary Guidelines for Americans 2005**  
<http://www.health.gov/dietaryguidelines/>

**Eat Smart, Play Hard** - <http://www.fns.usda.gov/eatsmartplayhard/>

**Food and Drug Administration / Food Label Education Tools**  
<http://www.cfsan.fda.gov/~dms/lab-gen.html>

**Food and Health Communications / Food Photos and Clip Art; Nutrition Handouts**  
<http://foodandhealth.com/>

**Food Safety** <http://www.fightbac.org/> or <http://www.fsis.usda.gov/>

**Food Timeline** <http://www.foodtimeline.org/>

**Fruits and Veggies / More Matters**  
[http://www.fruitsandveggiesmorematters.org/?page\\_id=6](http://www.fruitsandveggiesmorematters.org/?page_id=6)

**Go ask Alice! Fitness and Nutrition Section**  
<http://www.goaskalice.columbia.edu/>

**Lunch Lessons - Changing the Way We feed Our Children / Kids Meal Wheel**  
<http://www.lunchlessons.org/>

**MyPyramid for Kids** – <http://www.mypyramid.gov/kids/index.html>

**National Food Service Management Institute** – <http://www.nfsmi.org/>  
Nutrition 101 <http://www.nfsmi.org/Information/blt2005index.htm>  
Special Needs Fact Sheets  
[http://www.nfsmi.org/Information/Newsletters/Special\\_index.html](http://www.nfsmi.org/Information/Newsletters/Special_index.html)

**National Pork Board** <http://www.pork4kids.com/>

**Nutrition Decision** – <http://nutritiondecision.org/>

**Nutrition Explorations (National Dairy Council) / Nutrition Lessons and Activities**  
<http://nutritionexplorations.org/> and <http://www.nationaldairycouncil.org/>

**Nutrition for Kids / Newsletter and Nutrition Education Activities**  
<http://nutritionforkids.com/>

**OrganWise Guys Materials** – <http://organwiseguys.com/>

**RD411-** <http://www.rd411.com/>

**Teaching Healthy Eating Habits/Nutritious Snack Ideas**  
<http://www.quakeroats.com/>

**UGA Cooperative Extension Service / Food and Nutrition Publications**

[http://www.fcs.uga.edu/ext/pubs/agent\\_index.php](http://www.fcs.uga.edu/ext/pubs/agent_index.php)

**USDA Team Nutrition – <http://teamnutrition.usda.gov/>**

Nutrition Education Resources

<http://teamnutrition.usda.gov/foodservice.html>

Classroom Materials (three sets of three lessons each)

<http://teamnutrition.usda.gov/resources/mypyramidclassroom.html>

USDA's Healthy School Meals Resource System

[http://healthymeals.nal.usda.gov/nal\\_display/index.php?info\\_center=14&tax\\_level=1](http://healthymeals.nal.usda.gov/nal_display/index.php?info_center=14&tax_level=1)

**Vegetarian Resource Group/ Handouts, Recipes, and More:**

<http://www.vrg.org/>